Fish Shellfish

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Carolina Catch  Debbie Moose  2018-03-13  Early in life, North Carolinian Debbie Moose encountered fish primarily in stick form, but once she experienced her first raw oyster and first fried soft-shell crab, their pure flavors switched her on to shellfish and fish forever. Moose has now written the cookbook that unlocks for everyone the fresh tastes of North Carolina grilled tuna, steamed shrimp, pan-seared mountain trout, fried catfish, and baked littleneck clams, to name just a few of the culinary treasures sourced from the waters of a state that stretches from the mountains to the sea. In ninety-six dishes, Moose shows how to prepare North Carolina fish and shellfish—freshwater,
saltwater, wild-caught, and farmed—in both classic southern and inventive, contemporary ways. The book's Best Basics section provides a much needed one-stop resource for confident selection, preparation, and storage, and the Think Seasonal section offers a comprehensive list with descriptions and peak availability of North Carolina fish and shellfish. Recipes include suggestions for appropriate alternate fish or shellfish—the idea is to try new varieties in season and support local fisheries. And, as Moose explains, dock-to-door services and local seafood organizations are making sourcing easier for home cooks.

The Molluscan Shell Fish Industries and Water Quality United States. Office of Fisheries Development 1977

Simply Shellfish Leslie Glover Pendleton 2010-05-18 In Simply Shellfish seafood expert and acclaimed cookbook author Leslie Pendleton offers up 125 recipes for shrimp, crab, scallops, clams, mussels, oysters, lobster, and squid. All the dishes are fresh, healthful, and a (sea) breeze to prepare. Shellfish is a near perfect food: packed with good-for-you protein, low in fat and calories, and exceeding quick and easy to prepare. Not to mention flavor—it's doesn't get much better than creamy clam chowder, tender crab cakes, or succulent lobster rolls. In Simply Shellfish Leslie Pendleton shares her best recipes for these favorites. There's Roasted Shrimp on Asparagus Skewers with Brie, Curried Coconut Scallops, Mussels Steamed in Carrot Ginger Broth, and BLLTs (bacon, lobster, lettuce, and tomato sandwiches). Unlike fish fillets or whole fish, shellfish requires minimal prep time and can be on the table in minutes. Leslie's recipes are at once sophisticated and approachable, with supermarket-friendly ingredients, easy instructions, and outstanding results.

Shellfish Cynthia Nims 2022-03-01 These fifty delicious and approachable shellfish recipes—which includes shrimp, crab, scallops, oysters, clams, mussels, and lobster--are perfect for busy
home cooks who want to create satisfying dishes and who also may be new to cooking with shellfish. Arranged by shellfish type, this collection of recipes incorporate varieties enjoyed around the country, including everyone's favorite: shrimp! Additionally, each chapter includes helpful tips and information about each species, including seasonality, sustainability, shopping for shellfish, as well as storing and handling. You'll find recipes for dinners and appetizers, as well as soups and salads. Written in a friendly voice, these fifty simple, nourishing recipes will have even novices feeling confident cooking shellfish in the kitchen. Recipes include: Fried Shrimp, Lemon, and Herbs Grilled Shrimp on Lentil-Arugula Salad Crab and Blistered Cherry Tomato Fettuccine Mini Pizzas with Clams Mussels with Winter Squash and Green Curry Seared Scallops with Capers and Lemon Horseradish and Bread Crumb Baked Oysters Stir-Fried Lobster with Shiitake and Celery Crab and Endive Gratin

Fish, Shellfish and Crustaceans Thuries 1994

Fish Forever Paul Johnson 2012-01-10 A unique cookbook and guide to healthful, eco-friendly seafood Few people know more about fish than Paul Johnson, whose Monterey Fish Market in San Francisco supplies seafood to some of the nation's most celebrated chefs, from Alice Waters, Thomas Keller, and Michael Mina to Todd English, Daniel Boulud, and Alain Ducasse. In Fish Forever, Johnson offers a cookbook for anyone who loves fish, but worries about overfishing, contaminants like mercury, and other serious health and ecological issues. Fish Forever reveals which species of fish you should and shouldn't eat, based on how endangered, contaminated, and tasty they are. Plus, Johnson includes amazing recipes from around the world that take advantage of those most abundant and delicious types of fish. Provides in-depth guidance on 70 fish species along with 96 international recipes that highlight the outstanding culinary qualities of the fish used. Includes more than 60 beautiful
color photographs, as well as plenty of cooking tips and helpful sidebars. Winner of the coveted IACP Cookbook of the Year award, Fish Forever is a must-have kitchen resource for seafood lovers—and Earth lovers—everywhere. Fish Mat Follas 2015-04-09 Organized by fish type, Mat's guide to preparing and enjoying fish teaches you how best to cook with all the varieties of this wonderful ingredient. Whether you are cooking with pink, white, raw, smoked, grilled fish; trying clams, mussels, crab or lobster for the first time, he demystifies the art of preparing and cooking with fish. Recipes include Cured Salmon Gravadlax; Wasabi-crusted Tuna Steak; Squid Ink Risotto; Mackerel Ceviche; Anchovy & Potato Gratin; Trout en Papillote; Vietnamese Fried Tilapia with Crispy Seaweed; Plaice Goujons with Tartar Sauce Dip; Brill Pho; Halibut Steak with Cider Cream Sauce; Thai Fish Cakes; Goan Fish Curry; Seafood Gumbo; Haddock with Bubble & Squeak and Poached Eggs; Oysters Rockefeller; Moules Mariniere; Spaghetti Vongole; Stuffed Razor Clams; Scallops with Chorizo; Crab Thermidor; Kashmir Shrimp Curry and Lobster Bisque; as well as a selection of recipes for basic stocks and sauces. Also includes information on simple drinks matches to enjoy, step-by-steps explaining how to prepare fish for cooking and an at-a-glance reference of the names of fish internationally.

Allergy-Free and Easy Cooking Cybele Pascal 2012 ""A collection of 75 completely allergen-free recipes that are ready in 30 minutes or less, perfect for parents of kids with food allergies and busy food-allergic professionals who need to get safe food on the table swiftly"--

Diagnosis and Control of Diseases of Fish and Shellfish Brian Austin 2017-03-20 There has been a continual expansion in aquaculture, such that total production is fast approaching that of wild-caught fisheries. Yet the expansion is marred by continued problems of disease. New pathogens emerge, and others become associated with new conditions. Some of these
pathogens become well established, and develop into major killers of aquatic species. Diagnosis and Control of Diseases of Fish and Shellfish focuses on the diagnosis and control of diseases of fish and shellfish, notably those affecting aquaculture. Divided into 12 chapters, the book discusses the range of bacterial, viral and parasitic pathogens, their trends, emerging problems, and the relative significance to aquaculture. Developments in diagnostics and disease management, including the widespread use of serological and molecular methods, are presented. Application/dose and mode of action of prebiotics, probiotics and medicinal plant products used to control disease are examined, as well as the management and hygiene precautions that can be taken to prevent/control the spread of disease. This book will be a valuable resource for researchers, students, diagnosticians, veterinarians, fish pathologists and microbiologists concerned with the management of diseases of fish and shellfish.

California Finfish and Shellfish Identification Book 2006
Proceedings of What's the Catch? 1994
Fish Cree LeFavour 2013-09-17 This James Beard Award–finalist cookbook features more than 120 recipes for fifty-four delectable seafood feasts from culinary traditions across the globe. In Fish, acclaimed cookbook author Cree LeFavour celebrates the versatility, ease of preparation, and healthfulness of fish and shellfish. Five chapters are organized by flavor profile, including American, Bistro, Latin, East and South Asian, and North African/Mediterranean. The recipes are grouped into complete meals featuring a main course of fish or shellfish with a complementary grain, pasta, salad, or vegetable. Fish encompasses all of the best techniques for cooking seafood perfectly, including grilling, roasting, salt-crustling, and wok-braising. All feature sustainable seafood, these exciting recipes make the most of one of the world’s healthiest proteins, suggesting a year’s worth of
meals for cooks of all skill levels.

*Kitchen Pro Series: Guide to Fish and Seafood Identification, Fabrication and Utilization* Culinary Institute of America 2009-02-04 Kitchen Pro Series: Guide to Fish and Seafood Identification, Fabrication, and Utilization is the definitive guide to purchasing and fabricating fish and shellfish for professional chefs, foodservice personnel, culinarians, and food enthusiasts. Part of the CIA's new Kitchen Pro Series focusing on kitchen preparation skills, this invaluable resource features helpful storage information, basic preparation methods, and recipes that will allow professional and home chefs to fabricate well-prepared fish and seafood. Throughout this lavishly illustrated text, The Culinary Institute of America's Chef Mark Ainsworth offers readers a satisfying alternative to meat by educating them about how to purchase and prepare healthy and delicious fish and seafood dishes. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

*Fish and Shellfish of the Middle Atlantic Coast* Rachel Carson 1945

*Fish and Shellfish of the South Atlantic and Gulf Coasts* Rachel Carson 1944

**The Ultimate Book of Fish & Shellfish** Kate Whiteman 2009 A comprehensive cook's guide to identifying, preparing and serving seafish, freshwater fish, shellfish, crustaceans and molluscs Over 300 recipes from all around the world for inspiring dishes including soups, appetizers, main courses, rice and pasta, and special ideas for entertaining Shown in 1500 full-colour step-by-step photographs

*Osprey's Seafood Quiz* Jennifer Doré 1988

*Fish & Shellfish* James Peterson 1996-04-15 Every few decades a chef or a teacher writes a cookbook that is so comprehensive and offers such depth of subject matter and cooking inspiration that it becomes a virtual bible for amateur and professional alike. Author James Peterson, who wrote the book *Sauces*, a James
Beard Cookbook of the Year winner, and the incomparable Splendid Soups, once again demonstrates his connoisseurship with Fish & Shellfish, a monumental cookbook that will take its rightful place as the first and last word on seafood preparation and cooking. Fish & Shellfish demonstrates every conceivable method for preparing sumptuous meals of fish and shellfish, from baking, braising, deep-frying, grilling and broiling to poaching, panfrying, marinating, curing and smoking, steaming, and microwaving. Whether your taste runs strictly to shellfish or to everything seafood, Fish & Shellfish offers the equivalent of a complete cookbook on each subject. Within the chapters on finfish you'll learn how to prepare enticing recipes remarkable for their ease of preparation, their versatility, and their originality Here Peterson offers such splendid flavors and textures as succulent Stuffed Striped Bass with Spinach, Shrimp, and Mushrooms; crunchy Halibut Fillets with Curry, Herbs, and Almond Crust; delicate Salmon Fillets A la Nage with Julienned Vegetables; savory Braised Tuna with Vegetables; and fiery Thai-Style Swordfish Satay. If it's shellfish you prefer, there are pages and pages of recipes for baking, frying, steaming, or serving raw everything in a shell, including mussels, clams, oysters, scallops, lobster, shrimp, crab, and crayfish. Peterson explains how to judge freshness and how to prepare shellfish delights, including lemony-flavored Steamed Mussels with Thai Green Curry; aromatic Littleneck Clams in Black BeanScented Broth; a simple and comforting Linguine with Clam Sauce; elegant Hot Oysters with Leeks and White Wine Sauce; rich and savory Braised Scallops with Tomatoes and Fresh Basil; Steamed Lobster with Coconut Milk and Thai Spices; Shrimp with Tomato Sauce, Saffron Aioli, and Pesto; hit-the-spot Sautéed Crab Cakes; and Japanese Style Grilled Squid, to name but a few of the brilliant and vast array of wonderful seafood selections. Fish & Shellfish also offers techniques for preparing raw, marinated, cured,
and smoked fish. As you explore Fish & Shellfish, you'll learn not only the essentials of seafood preparation but everything in between, including how to make a curry sauce, which red wines to cook with, how to fry parsley, and how to make Vietnamese dipping sauces. You'll learn the secrets of a variety of coatings, how to blacken fish, add stuffings, and deglaze the pan for sauces, as well as discover the delights of salsas, chutneys, relishes, mayonnaise, and butters.

Here is seafood in every incarnation, from soups, stews, and pastas to mousses, soufflés, and salads. Try everything from pureed Marseilles-Style Fish Soup and Moroccan Swordfish Tagine with Olives and Saffron to Homemade Cuttlefish-Ink Linguine, and Crayfish Stew with Tomatoes, Sorrel, and Vegetables. Jim Peterson has traveled the world and brought back the best international seafood flavors, textures, and techniques. Now you can improvise on your own with Thai marinades, Indian spices and condiments, and Japanese grilling methods, all of which play off more familiar ingredients to produce memorable dishes. At the end of Fish & Shellfish you'll find a complete Finfish Dictionary, where you'll learn all you need to know about more than sixty species of saltwater and freshwater fish. There's also a 32-page section of color photographs that pictures many of the mouthwatering recipes in the book. And the step-by-step pictorials in the color section will show you how to prepare fish and shellfish for cooking. James Peterson's books have been hailed as the most companionable and dependable of cooking guides. Replete with tables, timing charts, advice about equipment, safety preparations, a glossary of foreign ingredients, and an exhaustive index, Fish & Shellfish will give you the power of flexibility and spontaneity as it transforms you into an accomplished seafood cook. Here is a fundamental cookbook that you will come to depend on every time you think seafood—and now you'll be thinking seafood all the time.

Conservation of Fish and Shellfish
Resources J. E. Thorpe 1995-06-20 Fish and shellfish comprise annually nearly 70-million tons of the world's edible animal protein. However, because of this demand, previously vast stocks have often been exhausted to the point of near extinction. The first book of its kind in the area of freshwater/marine biodiversity, this extensive work reviews the present status of genetic resource management, its needs and constraints, various intervening human factors such as pollution and overfishing, and problems posed by different species and life-styles. This discussion of the conservation of fish and shellfish resources is illustrated by four diverse groups: Atlantic salmon, cupped oysters, common and Chinese carp, and Nile tilapia. These results, produced by the collaboration of nine leading population and production geneticists, aquaculturists, and behavioral and developmental ecologists should become a fundamental resource useful to biologists, scientists and advisors exploring current issues in the fishery sciences. Four page color plate section Database of key organizations for contact purposes Foreword by Dr. Mike Strauss, Am. Assoc. for the Advancement of Science; and Dr. Peter Day, Rutgers University Four in-depth case studies by international experts Editors are major names in marine/freshwater fisheries science Originally sponsored and reviewed by U.S. National Academy of Sciences

Fresh Fish Jennifer Trainer Thompson 2016-03-22 Cooking fish and other seafood at home is much easier than you think! Fresh Fish offers simple step-by-step instructions for all of the essential cooking methods, including baking, pan-frying, braising, broiling, steaming, poaching, roasting, marinating, and grilling — along with 175 mouthwatering recipes that bring out the best in everything from fish fillets and whole fish to shrimp, mussels, lobster, clams, calamari, and more. You’ll also learn how to buy fish (even whole fish) with confidence, how to serve fish raw, how to clean freshly dug clams, and much
more. Beautiful photography celebrates both the food and the lazy charm of summers at the beach; this is a delightful read as well as the cookbook you need to easily enjoy your favorite seafood at home.

**Fish and Shellfish Pathology** Anthony E. Ellis 1985

**Fish Immunology** Margaret J. Manning 2014-06-28 Fish Immunology contains the proceedings of a symposium organized by the Fisheries Society of the British Isles, held in Plymouth, England, 11-13 July 1983. This volume contains 29 chapters and opens with a study on the prevention of disease outbreak or treatment of disease in fish farms with drugs or chemicals. Separate chapters follow on topics such as immune phenomena in Teleostei or Anura; phagocytosis in fish; the granulocytes of three elasmobranch species, namely Scyliorhinus canicula, Raja clavata and R. microcellata; and phagocytic cells in the dogfish (Scyliorhinus canicula l.); and levels of α-precipitin in two groups of wild fish: a group believed to be suffering from Ulcerative Dermal Necrosis (UDN) and a healthy group showing no external evidence of disease. Subsequent chapters deal with sequential antigenic competition in teleosts challenged with the fish-furunculosis bacterium Aeromonas salmonicida; the occurrence of vaccine uptake at the skin surface of rainbow trout; and vaccination and development of immunological memory in carp.

**Field Guide to Seafood** Aliza Green 2007-03-01 At last, a field guide to identifying and selecting seafood from around the world, including barramundi, lobsterette, wahoo, and more! With the daunting array of fish and shellfish available in today’s market, Field Guide to Seafood is a must-have for every seafood consumer! This helpful guide offers a comprehensive look at seafood, covering more than 100 different kinds of fish and shellfish, plus preserved fish, fish sauces, and caviar. Learn to differentiate between Arctic char and salmon or between...
snow crabs and stone crabs with the in-depth descriptions and full-color photographs. Each entry contains a list of alternate names, characteristics, and suggested preparation, including directions on when to remove or leave the skin. Step-by-step instructions explain how to identify, store, and cook the item. Whether your fish is store-bought or just caught, this guide includes selection tips, suggested recipes, and complementary flavors. You’ll never feel overwhelmed by the wide variety of seafood with this handy guide — don’t go shopping without it!

**Fish & Shellfish** Rick Stein 2014-08-14

Rick Stein’s lifelong passion for cooking fish and shellfish has formed the foundation of his award-winning restaurants and taken him around the world, discovering innovative new recipes, exciting ingredients and the best preparation techniques. In this completely revised, updated and re-designed edition – including brand new recipes – of his classic Seafood, Rick offers comprehensive and inspirational how-to's for choosing, cooking and enjoying fish, shellfish and more. It includes a step-by-step guide to over 60 essential techniques to prepare all types of seafood: from poaching and salting fish to cleaning mussels and cooking lobster. Based on the methods taught at his Padstow seafood school, every step of Rick’s advice is illustrated with full-colour photographs for perfect results. Over 120 recipes from across the world include light salads, delicious starters and spectacular main courses – from Monkfish Vindaloo and Rick’s own version of Salt and Pepper Squid to deliciously simple classics like Grilled Sardines and Clams with Garlic and Nut Picada. Complete with tips on buying, storing and sourcing sustainable fish, Rick Stein’s Fish and Shellfish is the essential companion for any fish-lover’s kitchen.

**The World Encyclopedia of Fish and Shellfish** Kate Whiteman 2017-06-06

This fabulous visual encyclopedia will guide you through the complexities of handling and...
preparing all kinds of fish and shellfish, from well-known varieties such as salmon and cod to unusual shellfish and exotic fish. Detailed directory entries include a description and fascinating facts about each seafood, advice on how to choose it at its best, and preparation and cooking methods. Then follows 100 enticing recipes with illustrated step-by-step instructions. Dishes include Salmon Fish Cakes, Oysters Rockefeller, Lobster Thermidor, Scallops with Samphire and Lime, Thai-inspired Piquant Prawn Salad, and Roast Cod with Pancetta and Butter Beans.

**Fish - Shellfish - Beef - Lamb - Chicken - Turkey - Pork - Duck** Chef Sigurbjörn Benediktsson 2014-08-01 In this book we go over the main ingredient on your plate. Fish, lamb, chicken and so on. We have some great tasting flavor combinations and few tricks and tips. The book is not all about the recipes. It should help people to open their mind to new things both flavors and methods. And it’s up to you and every reader to hit the start button on their creativity and imagination.

**General Laws of the State of California as Amended Up to the End of the Session of 1923, Containing the General Laws in Full and References to the Special Laws by Title, with Statutory History to Date and Chronological Index of Acts Referred to in the General Laws ...** California 1924

**The California Seafood Cookbook** Isaac Cronin 2011-10-01 First published in 1983, The California Seafood Cookbook has sold 128,000 copies—and counting! This beautiful encyclopedic guide to seafood cooking is complete with 150 recipes emphasizing simplicity, fresh ingredients, and ethnic and regional tastes, as well as an innovative approach to the infinite possibilities of this popular cuisine. The seventy-five species portraits and the illustrated techniques will prove useful to cooks and seafood lovers. Fully half of the featured species are found in Gulf, Pacific, and Atlantic waters, and each recipe suggests...
appropriate alternative fish and shellfish from other regions. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We’ve been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

The Complete Book of American Fish and Shellfish Cookery Elizabeth Bjornskov 1984 More than 680 recipes, ranging from the classic seafood repertoire to light, easily prepared dishes, cover the full range of fish varieties available in the United States.

Fish & Shellfish, Grilled & Smoked Karen Adler 2002-03-28 Grill experts Karen Adler and Judith Fertig demonstrate just how easy it is for anyone to make delicious, perfectly grilled or smoked fish and shellfish.


The River Cottage Fish Book Hugh Fearnley-Whittingstall 2012-03-20 The formidable River Cottage team turns their attention to all matters aquatic in this definitive guide to freshwater fish, saltwater fish, and shellfish. Hugh Fearnley-Whittingstall and Nick Fisher examine the ecological and moral issues of fishing, teach individual skills such as catching and descaling, and offer a comprehensive (and fascinating) species reference section. They also demystify
the cooking of fish with 135 recipes for preparing fish and shellfish in diverse ways, from pickling to frying to smoking. This ambitious reference-cookbook appeals to both intellect and appetite by focusing on the pleasures of catching, cooking, and eating fish while grounding those actions in a philosophy and practice of sustainability. The authors help us understand the human impact on the seafood population, while their infectious enthusiasm for all manner of fish and shellfish—from the mighty salmon to the humble mackerel to the unsung cockle—inspires us to explore different and unfamiliar species. Fish is superlative food, but it’s also a precious resource. The River Cottage Fish Book delivers a complete education alongside a wealth of recipes, and is the most opinionated and passionate fish book around.

**The World Encyclopedia of Fish and Shellfish and Other Aquatic Creatures** Derek Hall 2017-09-05

The watery habitats of the world are home to a more varied and concentrated array of animal life than anywhere on dry land. This guide contains an explanation of how certain key animal groups have evolved to live and breed within their different environments. The detailed directory section provides a comprehensive overview to the vast array of marine and freshwater life that inhabit the globe. Each profile features a descriptive identification guide and contains a map to pinpoint distribution, plus information on habitat, size, breeding and more. This visual encyclopedia offers an insight into the wonderful world of freshwater and marine creatures.

**Food from the Sea** Rachel Carson 1943

Millions of Americans are developing new wartime food habits, trying foods they once neglected, turning to alternates for long familiar products. For everyone of the ten fish or shellfish that make up more than four-fifths of New England's catch there are seven species little known or utilized, many of which could provide tasty and nutritious foods. Turning to these under-utilized species will...
conserve food resources by lifting the burden of over-exploitation from such fishes as cod and haddock and will augment dwindling supplies of protein foods. Exploring the seafood markets for unfamiliar species rewards the housewife and her family with delightful taste surprises, for scarcely any other class of food offers so great a variety, so rich an opportunity for mealtime adventures. Before we can try new foods, we must know what they are—something of their nutritive value, where they come from, how market supplies vary with the season. Our enjoyment of these foods is heightened if we also know something of the creatures from which they are derived, how and where they live, how they are caught, their habits and migrations. This publication provides such an introduction to the more important fish and shellfish of New England.

**Consolidated supplement to the codes and general laws of the state of California of 1915** California 1919

1993 A collection of recipes for fish features recipes that use every method of cooking—grilling, baking, frying, broiling, poaching—and includes recipes for the microwave. 50,000 first printing. $25,000 ad/promo.

*Fish & Shellfish, Grilled & Smoked* Karen Adler 2002 Grill experts Karen Adler and Judith Fertig demonstrate just how easy it is for anyone to make delicious, perfectly grilled or smoked fish and shellfish.

*Export & Domestic Market Opportunities for Underutilized Fish & Shellfish, Export Market Summaries: Italy, Spain, Portugal, Greece* Arthur Young & Company 1978

**The Big Book of Fish & Shellfish** Fred Thompson 2006-04-27 Organized by type of seafood, a lavish cookbook featuring more than 250 outstanding recipes presents a delicious array of appetizers, main courses, and side dishes that use various fish or shellfish as a primary ingredient, accompanied by tips on selecting the right type of seafood, food
preparation, and cooking techniques. Original. 20,000 first printing.

Shellfish Aren't Fish Allan Fowler 1998 Provides information about oysters, clams, scallops, and mussels--sea animals that live in shells.